

# **DAILY BULLETIN: Wednesday, March 28, 2018 (Late Start B-day)**

8:00-8:50	Department Meeting	
8:50-9:35	Zero Period	45 min
9:35-9:40	Passing	5 min
9:40-11:05	Per. 4	85 min
11:05-11:12	Passing	7 min
11:12-12:43	Per. 5	85 min
12:43-1:13	Lunch	30 min
1:13-1:20	Passing	7 min
1:20-2:45	Per. 6	85 min

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## **GENERAL INFORMATION:**

### **PARENT UNIVERSITY**

The next session of Parent University is **Tuesday, March 27th (CORRECTION) 6-7pm at Miraleste Intermediate.**

**Topic: *The Price of Privilege: How Parental Pressure and Material Advantage are Creating a Generation of Disconnected and Unhappy Kids.***

**Speaker:** Dr. Madeline Levine, A psychologist with close to 30 years of experience as a clinician, consultant and educator, Dr. Levine is also a New York Times bestselling author. She will explore the reasons why teenagers from affluent families are experiencing epidemic rates of emotional problems. Materialism, pressure to achieve, perfectionism, and disconnection are combining to create a perfect storm that is devastating children and their parents alike.

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### **FOOTBALL MEETING**

To all those **thinking about playing Football** next year- new and returning players- there is a **mandatory meeting at Lunch on TODAY Wednesday March 28th in the Gym.** Please be prompt. Go Sea Kings!

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### **JACK'S SURFBOARDS FUNDRAISER**

Jack's Surfboards is having a **Friends & Family Sale** to benefit Palos Verdes High School **Thursday, March 29<sup>th</sup> 9am-8pm**. Please [see attached flyer](#).

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## LIBRARY

**Knitting lessons** are in the library **every Thursday: drop by at lunch or during the first hour or 3rd or 6th!** New people always welcome! It's easy, great for relaxing, and you can make great projects for yourself or to donate!

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## FRIDAY, MARCH 30<sup>TH</sup> Minimum B-Day Block Schedule:

<b>7:00-7:55</b>	<b>Zero period</b>	<b>(55 minutes)</b>
<b>7:55-8:00</b>	<b>Passing</b>	<b>(5 minutes)</b>
<b>8:00-9:16</b>	<b>4<sup>th</sup> period</b>	<b>(76 minutes)</b>
<b>9:16-9:22</b>	<b>Passing</b>	<b>(6 minutes)</b>
<b>9:22-10:38</b>	<b>5<sup>th</sup> period</b>	<b>(76 minutes)</b>
<b>10:38-10:44</b>	<b>Passing</b>	<b>(6 minutes)</b>
<b>10:44-12:00</b>	<b>6<sup>th</sup> period</b>	<b>(76 minutes)</b>

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## LAST CALL FOR CITIZENS ACADEMY APPLICATIONS

PVE residents 15years or older are encouraged to apply! [See attached](#).

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## REFLECTIONS 2018 WINNERS

### **Congratulations to the 2017-2018 Reflections Winners at Palos Verdes High School!!!**

Please go on to [www.pvhigh.com](http://www.pvhigh.com) under *PTSA Reflections Contest* to view the entries of first place winners.

#### Music

1<sup>st</sup> Place – Marcus Chang “The Balance Within”

2<sup>nd</sup> Place – Grace Liu

#### Dance

1<sup>st</sup> Place - Alexis Dugel “Rise: Conquering Darkness”

2<sup>nd</sup> Place - Maleha Innocent

#### Visual Arts

1<sup>st</sup> Place – Jamie Doo “Just Two Pairs of Chopsticks Away”

2<sup>nd</sup> Place – Ashley Chon

3<sup>rd</sup> Place – Heather Bryant

#### Literature

1<sup>st</sup> Place – Eliana Harrison “Hear Myself Think”

2<sup>nd</sup> Place – Alexa Quigley

3<sup>rd</sup> Place – Abbie Maemoto

#### Photography

1<sup>st</sup> Place – Lloyd Kao “Reaching Out”

2<sup>nd</sup> Place – McKinley Pieper

3<sup>rd</sup> Place – Linda Hsiung

Film

1<sup>st</sup> Place – Eric Yeich “Timeless”

The following students went on to place first at the Council Awards Ceremony:

Eric Yeich, Marcus Chang, Lloyd Kao, and Jamie Doo.

Once again, Palos Verdes High School students have amazed us all with their talent. All participants should be exceptionally proud of their work for you have inspired your community with your insight and creativity. Thank you for sharing!! Next year’s theme is “Heroes Around Me”. Start brainstorming now!! Entries will be due Oct. 2018. You can find more info on [www.capta.org](http://www.capta.org).

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**CAFETERIA NEWS**

The cafeteria has a **new cart in front of Senior Park on Mondays, Tuesdays, and Thursdays!** Swing by to find **healthy options**, including protein packs, yogurt parfaits, sandwiches, entrée salads, and new drinks.

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**KISS ME KATE**

The Drama Department presents *Kiss Me, Kate* **April 13<sup>th</sup>-15<sup>th</sup> and 20<sup>th</sup>-22<sup>nd</sup>**. Tickets are now available at the student store and online at [www.pvhsdrama.com](http://www.pvhsdrama.com). Get yours before they sell out!

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**SUMMER SCHOOL**

The Palos Verdes Peninsula Summer School (PVPSS) high school program will once again be available for all students entering 9<sup>th</sup> through 12<sup>th</sup> grade in the fall. The program will take place **on the Palos Verdes Peninsula High School campus beginning June 18 through July 6 (1<sup>st</sup> semester) and July 9 through July 26 (2<sup>nd</sup> semester.)**

**Online registration** will begin at 7:00 pm on each of the following nights:

**Tuesday, March 27**, for incoming Seniors

**Wednesday, March 28**, for incoming Juniors

**Thursday, March 29**, for incoming Sophomores

**Monday, April 16**, for incoming Freshman

All courses offered, either for enrichment or recovery, are "UC approved" and meet the stringent requirements of PVPUSD toward high school graduation and college pre-requisite credit. Speak to your counselor regarding specifics.

There is limited space available and enrollment is on a "first come, first serve" basis. Visit our website at [www.pvpss.com](http://www.pvpss.com)

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## SONG TEAM

A clinic will be held for all students interested in being on the 2018-19 Song Team. The clinic will run from **Monday, April 9th to Wednesday, April 11th from 3:30-5:30pm** in the Lower Dance Room.

**TRYOUTS** will be held following the clinic on **Thursday, April 12<sup>th</sup>** beginning at 3:30pm in the Lower Dance Room.

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## 2018-19 STUDENT BOARD MEMBER

Any student interested in applying for the **student member seat** to represent his/her school on the **Palos Verdes Peninsula Unified School District Board of Education** please fill out the **[attached application](#)** and submit to the Counseling Office. The term of office is for a period of one year, beginning July 1, 2018, and running through June 30, 2019. **The application deadline is Friday, May 18, 2018.** Interested applicants will be invited to appear before an interschool selection committee. Click here to review **[Board Policy 9150](#)**.

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## SOUTH BAY FAMILIES CONNECTED

All parents and educators are invited to the following **free events**:

- **[“I’m Never Enough!” — Teen Anxiety is Living and Breathing in the South Bay](#)**, an expert panel. **March 28<sup>th</sup> 7-9pm** Shade Hotel, 1221 N Valley Dr, Manhattan Beach
- **[Helping Students Find Balance in the South Bay Pressure Cooker](#)**, presented by Dr. Denise Pope. April 17<sup>th</sup> 5-8pm Redondo Beach Performing Arts Center, 1935 Manhattan Beach Blvd, Redondo Beach
- **[Weekly Parent Chat](#)**, see dates and topics at [www.southbayfamiliesconnected.org/events](http://www.southbayfamiliesconnected.org/events)

Check out updated **resources and information** for parents on SBFC([www.southbayfamiliesconnected.org](http://www.southbayfamiliesconnected.org)): **[Suicide Prevention](#)**, **[Technology and Social Media](#)**, and **[Coping with Grief](#)**.

**What’s trending?** The SBFC **[Vaping and Tobacco](#)** and **[Helping Youth with Stress and Anxiety](#)** were the most popular resource pages on SBFC in the past 30 days. If you share these concerns, know that you’re not alone. Don’t miss this month’s **[Families Connected E-newsletter](#)**, featuring an outstanding **[blog from Leah Niehaus](#)**, LCSW.

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## COUNSELING OFFICE NEWS:

## SOCAL ROC

**SoCal Roc is now enrolling** for its 9 week courses: Adobe Suite, Business Entrepreneur, Banking & Financial Services and Event Planning. **Classes begin April 9th.** Come to the counseling office to sign up and speak with a SCROC counselor.

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## **MINDFULNESS PROGRAM**

A Mindfulness Program will be offered every **B Tuesday at lunch in the Wellness Center.** All students and staff are invited. See Jill Moeller or Nancy De La Rosa for questions.

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## **COLLEGE AND CAREER CENTER NEWS:**

**Warrior Smart Start is an opportunity for new students for Fall 2018 and their families to get an introduction to El Camino College on Saturday, April 21, 2018 from 8:15 am - 2:00 pm.** Students can attend a resource fair and workshops about Financial Aid, Registering for Classes, Dreamers, Career & Technical Education, Choosing a Major, and Transfer Opportunities. Students can also complete their new student orientation, take the placement test (space is limited), and meet with a counselor to create an educational plan. This event is open to parents and family members! **Check-in begins at 8:15 a.m. in the East Dining Room (2nd Floor of Bookstore Building).** For more information and to sign up, log onto <http://www.elcamino.edu/admissions/outreach/events.aspx>

## **OUTSIDE OPPORTUNITIES:**

**The USC Center for Applied Molecular Medicine (CAMM) and the Westside Cancer Center (WCC) of USC** have developed a unique program to foster scientific achievement for **rising high school seniors** interested in **clinical or research oncology.** They believe that passion, coupled with outstanding aptitude, are the hallmarks for success. This program fosters scientific education by incorporating hands-on experimentation in a collaborative environment. The application consists of an essay and a copy of the student's transcript. The essay should be used as a forum to convey the student's passion for science/medicine. They will be accepting applications from **January 29th through April 5th, 2018.** The program begins on June 13th and requires the students to commit 6 hours a day until June 29th at the Health Science Campus of USC. Please contact Dr. Kian Kani ([kani@usc.edu](mailto:kani@usc.edu)) for more information. **ONLINE APPLICATIONS CAN BE COMPLETED HERE:** [www.BeARebel.org/junior-fellows-application](http://www.BeARebel.org/junior-fellows-application)

**Camp Counselors needed for TANOSHII Fun Camp** sponsored by the South Bay JACL. The mission of this camp is to "Promote the Legacy of the Japanese American Culture and Heritage to our Youth". The camp will take place from **July 9 to July 13, 2018** at the Gardena Valley Japanese Cultural Institute (JCI). **Camp Counselors must attend the entire camp week from 9:00am to 3:30pm.** They can be any college student or high school student entering his or her junior or senior year in the fall of 2018 and should have knowledge/experience with Japanese American culture and heritage. Applications for Camp Counselors are available now on the GVJCI website at: [www.jci-gardena.org/tanoshii-fun-camp](http://www.jci-gardena.org/tanoshii-fun-camp) If you have any questions, please contact the TANOSHII Camp Director, Ray Shibata by email at [www.tanoshiifuncamp.org](http://www.tanoshiifuncamp.org)

**Camp Cardiac and Camp Neuro** applications have just opened up for 2018! Run by medical students in over 30 cities nationwide with locations in Los Angeles, Orange County, and San Diego,

Camp Cardiac & Camp Neuro are 1-week summer day camps for high school students interested in exploring careers in medicine. Students may learn more and apply by visiting <http://www.campcardiac.org> and <http://www.campneuro.org>

**U.S. Naval Sea Cadet Corps** is a military youth program for young men and women: Navy Sea Cadet Corp (Ages 14-17) and the Navy League Cadet Corp (Ages 11-13). It is sponsored by the U.S. Navy, U.S. Coast Guard, and U.S. Marine Corps. Students will have the opportunity to participate in Aviation, Field and Medical Training, Leadership Development, Military Police Science, Scuba Diving, Sailing and Photo-Journalism. Cadets train aboard U.S. Navy and Coast Guard Vessels and can meet Sea Cadets from around the world in their International Exchange Program. Information on the program can be accessed at [www.bevhillsnavyleague.org](http://www.bevhillsnavyleague.org), then click on the Sea Cadet tab. For more details, please contact LTJG Doug Irvine, USNSCC at (310) 977-5183 or [doug@iwssurveying.com](mailto:doug@iwssurveying.com).

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## **SCHOLARSHIP OPPORTUNITIES and DEADLINES:**

We are coming to the end of the season for local scholarships. However, there are still several great **LOCAL SCHOLARSHIPS** to which to apply. **Several of them are due within the next 10 days.** Take advantage of these wonderful opportunities because, soon, they will be gone! **Attached is a pdf document detailing ALL SCHOLARSHIP OPPORTUNITIES AND DEADLINES.** To access more information on these scholarships, please log onto NAVIANCE. Click on the **COLLEGES** tab and then scroll down to **SCHOLARSHIPS and MONEY**. Click on **SCHOLARSHIP LIST**. At this point, click on the scholarship of interest. In many cases, you will be directed to a website for the application. In other instances, you may be able to download the application directly from NAVIANCE. Should you have any questions, please contact Teresa Hoffman in the College and Career Center, Room 318.

### **Please make note of the following SCHOLARSHIP DEADLINES through APRIL 2:**

- **MARCH 28 - ANDREW SAKURA MEMORIAL** - for male seniors only at PVHS; application includes an essay on one of three prompts relating to friendship. Applications may be downloaded from NAVIANCE.
- **MARCH 28 - ROYAL BUSINESS BANK SCHOLARSHIP PROGRAM** (\$1,000) - for local high school seniors who plan to attend a U.S. accredited 4-year college or CA/NV community college; must have a min. unweighted GPA of 3.0 and household income at or below CA State low income level; scholarship is open to ALL majors and there is NO ETHNICITY REQUIREMENT. To apply, log onto <http://www.apcf.org/2017-royal-business-bank-scholarship-program/>
- **MARCH 28 - TAIWANESE AMERICAN SCHOLARSHIP FUND** (\$2,500) - students must be a high school senior, a US citizen AND a direct blood descendant of a Taiwanese citizen; plan to attend a university in Fall 2017; have an unweighted GPA of 3.0; have a household income at or below the Federal/State/County Low Income Level. To apply, log onto <http://tascholarshipfund.org/>
- **MARCH 29 - PERRAULT FAMILY SCHOLARSHIP** (varies) - for senior PVHS Varsity soccer player, male or female. Criteria includes leadership and commitment to the sport and academic achievement. Preference will be given to soccer players who have played defensive positions. Applications may be downloaded from Naviance.



- **MARCH 29 - PVHS SCIENCE NATIONAL HONOR SOCIETY** (\$500) - SNHS will be offering five \$500 scholarships for seniors who are members in good standing. To apply, log onto <https://pvsnhs.weebly.com/>. Applications may also be downloaded from Naviance. Completed applications need to be returned to Mrs. Maemoto or Mrs. Kuhn.
- **MARCH 29 (extended) - PV JUNIOR WOMEN'S CLUB SCHOLARSHIP** (varies) - seniors only; awarded primarily on financial need with a secondary emphasis on academic achievement, community service and extracurricular activities. To apply log onto <https://www.pvjuniors.org/scholarship/> Applications may also be downloaded from Naviance.
- **MARCH 29 - PVP LION'S CLUB** - seniors only; one scholarship given to a student majoring in the arts; remaining scholarships given to students pursuing other endeavors; min GPA of 3.0, service, leadership, financial need considered. Applications may be downloaded from NAVIANCE.
- **MARCH 29 (extended) - SEAN HEFFERNAN MEMORIAL** - graduating senior who shows academic achievement, community service; must include original artwork (includes photography, poem, writing, sculpture, etc.) and an essay on caring. Applications may be downloaded from NAVIANCE.
- **MARCH 29 - SILVER SPUR** (\$1,000) - for Silver Spur alums; community service and extracurricular activities considered; short essay. Applications may be downloaded from NAVIANCE.
- **MARCH 31 - JACL ERNEST TSUJIMOTO** (\$2,000) - seniors only; must be of Japanese-American ancestry and planning to pursue an undergraduate/graduate degree in the STEM fields: Science, Technology Engineering and Math. To apply, log onto [http://www.southbayjacl.org/scholarship\\_sb.html](http://www.southbayjacl.org/scholarship_sb.html) . Applications may also be downloaded from Naviance.
- **MARCH 31- JACL GARDENA VALLEY** (varies) - seniors only; must be of Japanese-American ancestry; min 2.5 GPA; emphasis on Japanese American community involvement and volunteerism. To apply, log onto [http://www.southbayjacl.org/scholarship\\_sb.html](http://www.southbayjacl.org/scholarship_sb.html)
- **MARCH 31 - JACL JANICE KOBATA ZOEGER MEMORIAL** (varies) - seniors only, must be of Japanese-American ancestry and planning to pursue a degree in any field relating to biological sciences, foreign or ancient language or business. To apply, log onto [http://www.southbayjacl.org/scholarship\\_sb.html](http://www.southbayjacl.org/scholarship_sb.html)
- **MARCH 31 - JACL KIICHI EGASHIRA MEMORIAL** (\$500 - \$2,000) - seniors only; must be of Japanese-American ancestry and planning to pursue a degree in physical or biological sciences, engineering or mathematics. To apply, log onto [http://www.southbayjacl.org/scholarship\\_sb.html](http://www.southbayjacl.org/scholarship_sb.html)
- **APRIL 2 - HARRY BRANDEL** - seniors only; must be a resident of PVE and attending college in the fall 2018 with a major of architecture, landscape architecture, historic preservation, civil engineering, land use planning or the fine arts. To apply log

onto <http://pvha.org/harry-m-brandel-jr-college-scholarship-application-2018-19/>. Applications may also be downloaded from Naviance.

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**SPORTS NEWS:**

**HOME GAMES:**

**Wed, 3/28**      Girls' Lacrosse vs. Redondo: V/3pm. JV/530pm

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**Thurs. 3/29**      Varsity Boys' Tennis vs. Redondo @ 3pm

**Thurs. 3/29**      Swim Team vs. Redondo @ 3:30pm

**Thurs. 3/29**      JV Baseball vs. El Segundo @ 3:15pm

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**Sat. 3/31**      Varsity Baseball vs. Ocean View @ 11am